



Kent City Health Department

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FACT SHEET

February 2019

www.kentpublichealth.org

BY THE NUMBERS

Youth and Tobacco

■ ■ 6% of Portage County youth in grades 6-12 were smokers, increasing to 10% of those ages 17 and older. 17% of youth vaped e-cigarettes.

Source: [2016 Portage County Community Health Assessment](#)

E-cigarette use increasing

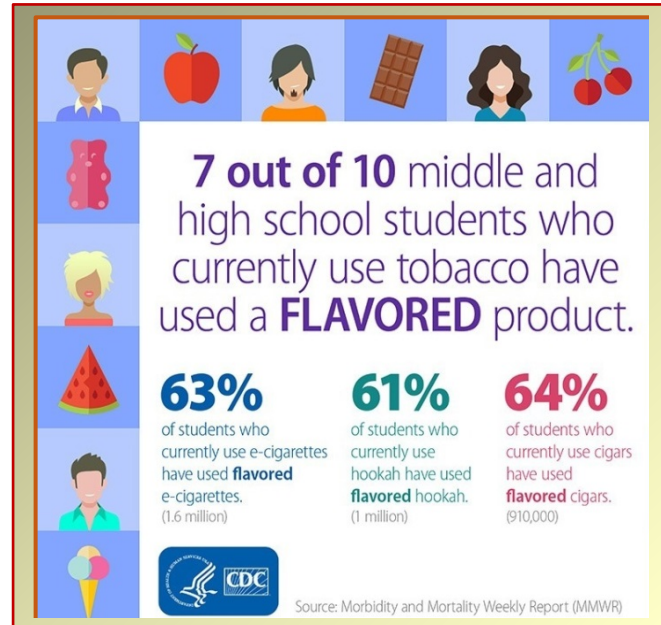
Tobacco product use among US youth is increasing. More than 1 in 4 high school students and about 1 in 14 middle school students in 2018 had used a tobacco product in the past 30 days. This was a considerable increase from 2017, which was driven by an increase in e-cigarette use. E-cigarette use increased from 11.7% to 20.8% among high school students and from 3.3% to 4.9% among middle school students from 2017 to 2018.

No change was found in the use of other tobacco products, including cigarettes, during this time.

Want to learn more? Source: www.cdc.gov/vitalsigns/youth-tobacco-use/



Centers for Disease Control and Prevention
National Center for Chronic Disease Prevention and Health Promotion



PROBLEM

Most Tobacco Use Begins in Adolescence:

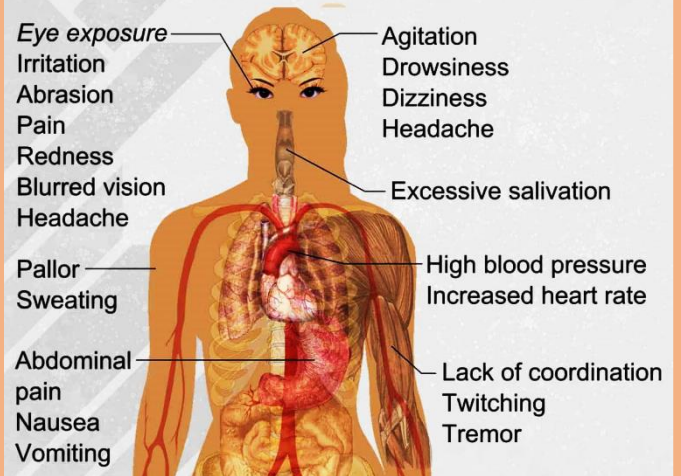
- ■ Youth nicotine use can lead to addiction and impact learning, memory and attentiveness by harming brain development.
- ■ Tobacco products contain harmful chemicals including nicotine; about 70 could cause cancer.
- ■ Flavored e-cigarettes have become the most commonly used tobacco product among youths; highest for middle school boys and high school students.

WHAT CAN BE DONE?

Everyone can:

- ■ Parents and educators can set a positive example by not using tobacco products: www.smokefree.gov
- ■ Learn about the different types of risks of using tobacco products to young people, including e-cigarettes: <https://e-cigarettes.surgeongeneral.gov/>

Symptoms of nicotine poisoning



www.medicalnewstoday.com/articles

Until about age 25, the brain is still growing.



Resource: www.cdc.gov
1-800-CDC-INFO(232-4636)
TTY: 1-888-232- 6348